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Personal Support Worker

Ontario College Certificate | 1 year
Hazel McCallion Campus (Mississauga)



Prepare for a caring career helping others.

Become a personal support worker

Begin a rewarding career in the high-demand field of health care, helping those who need it the most. In just two semesters, you'll be ready to start caring for people who need assistance due to illness, aging or disability in many different health-care settings. In Sheridan's PSW program, you'll learn to provide person-centred, emotion-based care to clients across the lifespan.

Develop the skills you need to provide valuable care and support

Learn how to assist clients of all ages with activities of daily living, including:

- assisting with mobility (e.g., lifting and transferring)
- providing personal care with dignity and respect
- engaging clients in social activities and alleviating the effects of isolation
- providing therapeutic communication and building therapeutic relationships
- caring for people with common acute and chronic illnesses

Get hands-on experience through labs, simulations and clinical placements

The best way to learn is by doing — that's why Sheridan's PSW program supports learning through a clinical skills lab, simulations and clinical placements. The program includes 350 hours of hands-on clinical practice in two practicum settings: a long-term care facility and a community setting. Sheridan will arrange your placements, and a faculty member will supervise them. Many students receive job offers from their placement employers.

Career Opportunities

When you graduate from Sheridan's Personal Support Worker program, you can expect to quickly find a position helping the elderly or medically challenged youth.

HERE ARE SOME PLACES YOU MIGHT WORK:

Home care
Nursing homes

Long-term care facilities
Supportive housing for seniors or young adults

Courses

SOME OF THE COURSES YOU CAN EXPECT TO TAKE IN YOUR PROGRAM

Caring for Clients with Ongoing Conditions
Mental Health Issues and Cognitive Impairment
PSW Long-term Care Practicum

Fundamentals of Care
Palliative Care for the Allied Health Worker
Supporting Families

How to apply:

5 easy steps

- 1 Find your program
- 2 Check the admission requirements
- 3 Apply online
- 4 Submit your documentation
- 5 Accept your offer

Ready to get started?

apply.sheridancollege.ca



Visit us!

Come say hello and get a feel for your future! We offer:

- Campus Tours (in-person & virtual)
- Open Houses in the Spring and Fall
- Weekly webinars
- Appointments with Career Advisers



experience.sheridancollege.ca

Admission Requirements

Program Eligibility

Ontario Secondary School Diploma or equivalent, including these required courses:

- One English, Grade 12 (ENG4C or ENG4U)

or

Mature student status.

Applicant Selection

Eligible applicants will be selected on the basis of their previous academic achievement (the average of their six highest senior-level credits, including required courses).

Applicants who do not meet the admission requirements for this program may be advised individually regarding other related programs.

Criminal Record Check and Immunization Requirements

Sheridan field placement agencies require a police record check for vulnerable sector persons and a current record of immunization. Students will be required to provide this documentation directly to their field placement prior to the start of the placement and at their own expense. Students who cannot meet these requirements may have limited field placement opportunities.

Preparation for Application

It takes a special kind of person to succeed as a personal support worker. We strongly recommend that applicants research the demands of this career and consider undertaking related volunteer experiences or working part-time with older adults prior to the selection process.

To be part of the Personal Support Worker program, you need to be proficient in spoken and written English, willing to work with seniors, able to push and pull, and able to lift and carry up to 25 kg. You must also be able to spend 20-25 hours per week on assignments outside of class.

English Language Proficiency

All applicants whose first language is not English must meet Sheridan's English proficiency requirements.

Refer to the website for full admission requirements.