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## Clinical Kinesiology

Ontario College Graduate Certificate | 1 year



**Get experience applying kinesiology skills in a clinical environment.**

### More than 700 hours of practical experience

It takes more than lectures and textbooks to prepare you to work with real-life clients. Apply knowledge acquired from your kinesiology degree in a clinical environment through a blend of problem-based learning and supervised placements. When you graduate, you'll be armed with 728 hours of hands-on experience — more than you'll get in any other kinesiology program in Ontario.

### Position yourself and your clients for success

Every client is different, presenting unique challenges that require unique solutions. Learn how to plan, implement and evaluate programs that are customized to meet their complex needs, grounded in coaching and communication strategies that build confidence and keep them motivated. You'll also develop the skills needed to run your own clinic in a sustainable, ethical and professional manner.

### Be supported by exercise science experts

Professors in this program also teach in Sheridan's kinesiology degree and have real-world experience working with clients in many capacities — including clinical exercise rehab, chronic disease prevention and management, injury rehab, high performance, and strength and conditioning. They will closely guide you through problem-based curriculum specifically designed for clinical professionals.

# Career Opportunities

As a graduate of Sheridan's Clinical Kinesiology graduate certificate program, you'll be job-ready to apply your kinesiology expertise in a variety of hands-on roles.

## POTENTIAL CAREER OPPORTUNITIES INCLUDE:

Kinesiologist	Clinical Exercise Physiologist
Exercise Therapist	Chronic Disease Management Specialist
High Performance Coach	Strength and Conditioning Coach
Exercise Scientist	Fitness Specialist

# Courses

## SOME OF THE COURSES YOU CAN EXPECT TO TAKE IN YOUR PROGRAM

Kinesiology Professional Practice	Principles of Kinesiology
Advanced Physical Assessment	Kinesiology Integrative Practice
Kinesiology Business/Entrepreneurship	Field Placement

## Admission Requirements

### Program Eligibility

- Postsecondary 4-year Honours Baccalaureate degree in Kinesiology, Human Kinetics, Physical Education or a related field with a minimum GPA of 65%

### Applicant Selection

Applicants who do not meet the admission requirements for this program may be advised individually regarding other related programs.

### English Language Proficiency

All applicants whose first language is not English must meet Sheridan's English proficiency requirements.

Refer to the website for full admission requirements.

## How to apply:

5 easy steps

- 1 Find your program
- 2 Check the admission requirements
- 3 Apply online
- 4 Submit your documentation
- 5 Accept your offer

### Ready to get started?

[sheridancollege.ca/apply](https://sheridancollege.ca/apply)



## Visit us!

Come say hello and get a feel for your future! We offer:

- Campus tours (in-person & virtual)
- Open Houses in the Spring and Fall
- Weekly webinars
- Career Advising Workshops



[sheridancollege.ca/future-students](https://sheridancollege.ca/future-students)